

30 DAY FOCUS CHALLENGE

Because ... the grass isn't greener on the other side; it's greener where YOU water.

Month: _____ Year: _____ Area of Life:	Grow these things 	Weed these things 
1		
2		
3		
4		
5		
6		
7		

Pick one focus area and track your progress daily:

Day	Progress Achieved
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	

Day	Progress Achieved
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	